Lend a Hand... Change a Life!

Our Mission: We work hand in hand with individuals and communities to transform lives by responding to expressed needs through cultural immersion, education, housing and health care.


BELIZE
Building for Change

Contact us today for more information!
502.459.9930 • 518 N. 26th Street, Louisville, KY 40212

Appalachia • Belize • Louisville • Nicaragua

www.myhandinhand.org
Hand in Hand Ministries is a registered 501(c)3 not-for-profit organization.
BELIZE BUILDING FOR CHANGE

Just south of Mexico, this Caribbean country is home to beautiful beaches, tropical climate and rich Mayan and Garifuna culture. It is also home to widespread poverty and disease. Hand in Hand has established housing, health care, education and immersion programs as well as a community center and office located in Belize City.

Experience a life-changing trip!

Our immersion trips go far beyond “voluntourism” and truly transform both the lives of the trip participants and the community members with which we work. Experience true impact, learn about the local community and immerse yourself in a new culture.

Empower
6 nights
Empower yourself and others! Spend a week getting to know the community.

Interested in learning more?
Contact Allison at allison@myhandinhand.org or visit our website: www.myhandinhand.org/immersion-trips

Housing

Groups visiting Belize build a 16’ x 20’ wooden home and complete the construction in four days. Hand in Hand groups have built over 380 homes since 2002. Hand in Hand believes housing is a basic need that must be met in order to ensure and encourage further success and sustainability for our community members.

Health Care

The Fowler Community Center (FCC) in Belize includes patient care for children affected by HIV/AIDS along with counseling for the families. Our program partners with the local government to provide medication.

Education

The FCC in Belize houses a daycare for local, low-income children and offers scholarship assistance to high school and college students to make education more accessible. We believe education is the tool with which these scholars can strengthen their own communities.

Immersion

Participants stay in a Hand in Hand guest house called the Starfish House. Three meals a day are provided, along with building materials and tools.

“Going to Belize just feels like going home. The Hand in Hand staff, the Building for Change partners we’ve built with and for, and all of the people in between make my love for Belize and Hand in Hand grow more and more every time. It is the most special week of my year every year and I don’t think that will ever change.”

– Lillie

Pictured above: Lillie Pierce with Esther